

# NETWORKWISE

WITH ADAM CONNORS

## THE NETWORKWISE GUIDE TO CHOOSING A MENTOR



*The purpose of this exercise is to evaluate the people in your network who you think will make a great mentor and choose one that is right for you. Going through this will highlight what qualities your mentor should possess and factors to consider as you are making your decision.*

*First, determine your own goals and objectives and what you specifically need and require in a mentor.*

*Second, complete the following to assess and select someone from your network who you will ask to be yours.*



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# Instructions

In the spaces provided list the names of the top 3 people from your network who you are considering as your mentor.

Name #1:

Factors to Consider	Yes/No	Explain Further and give examples where possible
Do you admire this person?		
Are they successful? (according to your criteria of success)		
Do they seem genuinely happy with their own career?		
Will they have a vested interest in		

1 2 3

1

Review the factors and qualities listed and evaluate how they apply to this person.

2

Answer Yes or No for each question.

3

Further explain your Yes or No answer and use examples to support it where possible.

# Mentor #1:

Factors to consider	Yes/No	Explain further and give examples where possible
Do you admire this person?		
Are they successful? (according to your criteria of success)		
Do they seem genuinely happy with their own career?		
Will they have a vested interest in and really care about your success?		
Can they guide you effectively toward your goals?		
Will they challenge you and your perspectives?		
Can they open doors to productive opportunities for you?		
Do they share similar beliefs to you in leadership and management styles?		
Are they a good listener?		
Will they be able to provide you with objective advice?		
Can they allocate dedicated time for you?		
Are they reliable?		
Are they empathetic and care about you and your well-being?		
Can you work well with this person?		
Can you provide value to them for being your mentor?		

Additional Notes:

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## Mentor #2:

Factors to consider	Yes/No	Explain further and give examples where possible
Do you admire this person?		
Are they successful? (according to your criteria of success)		
Do they seem genuinely happy with their own career?		
Will they have a vested interest in and really care about your success?		
Can they guide you effectively toward your goals?		
Will they challenge you and your perspectives?		
Can they open doors to productive opportunities for you?		
Do they share similar beliefs to you in leadership and management styles?		
Are they a good listener?		
Will they be able to provide you with objective advice?		
Can they allocate dedicated time for you?		
Are they reliable?		
Are they empathetic and care about you and your well-being?		
Can you work well with this person?		
Can you provide value to them for being your mentor?		

Additional Notes:

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# Mentor #3:

Factors to consider	Yes/No	Explain further and give examples where possible
Do you admire this person?		
Are they successful? (according to your criteria of success)		
Do they seem genuinely happy with their own career?		
Will they have a vested interest in and really care about your success?		
Can they guide you effectively toward your goals?		
Will they challenge you and your perspectives?		
Can they open doors to productive opportunities for you?		
Do they share similar beliefs to you in leadership and management styles?		
Are they a good listener?		
Will they be able to provide you with objective advice?		
Can they allocate dedicated time for you?		
Are they reliable?		
Are they empathetic and care about you and your well-being?		
Can you work well with this person?		
Can you provide value to them for being your mentor?		

Additional Notes:

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# EVALUATION & ASSESSMENT

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## COLUMN 2

If there are a majority of No answers – then you should re-evaluate those in your network you consider to be most influential and mentor contenders and immediately make adjustments where needed.

If there are a majority of Yes answers – then you're on the right track to choosing someone with excellent qualities to be your mentor. And it doesn't have to be just one person! If your needs require it, then you can invite others as well.

## COLUMN 3

Review the information you have written for each person – do your explanations consistently reflect them as a positive influence? Do they match what you are looking for in a person to serve as your mentor to help you meet your goals? Are you filled with the utmost confidence they can be effective and productive in your life and career? If you can't think of any reason not to ask this person to be your mentor, then you have found the one!

Or – are there any second thoughts about them as you're looking over your explanations? Once you've laid it out are you unsure if they're a good influence? You need to start developing a strong relationship with your mentor at the beginning. If there is any doubt in your mind from the start, then you need to re-assess your decision.

# CONCLUSION

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You should have at least one person in your network who can provide mentorship as you strive to reach your goals – especially in your career development. Your mentor needs to be successful and experienced and a person you admire and can learn from. Select someone you can trust to support and influence you in productive ways and offer opportunities on your road to success. Utilize this guide to assess those within your network to choose who the right mentor is for you.

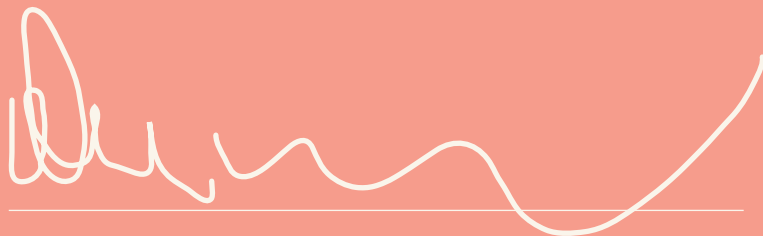


TOP TIPS

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Who else in your network would benefit from this exercise?

Give back to your connections and share this experience with others! Send this link to download the NetWorkWise Guide to Choosing a Mentor, and other key networking tools: <https://www.networkwise.com/resources>

A white, stylized handwritten signature of Adam Connors, consisting of several loops and a long, sweeping tail that ends in a small upward curve. The signature is positioned above a thin white horizontal line.

ADAM CONNORS



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